



## Physical Education and Games at St Wilfrid's CE Primary School

### Values and Drivers

Physical Education and Sports at St Wilfrid's is about helping pupils to lead full and valuable lives through engaging in purposeful and high-quality activity. We instill the values of values of determination, honesty, passion, respect, self-belief and teamwork. These values drive behaviours, qualities and interpersonal skills in sporting experiences, scenarios and attitudes.

### Curriculum Content and Sequencing

In both Key Stages, all pupils have a minimum of 2 hours of activity per week.  
Each year group will learn PE in accordance with the long-term plan which outlines the progression of skills through each Key Stage.

### Cross Curricular Links inc. SMSC

Active Maths and English; Supermovers; Go Noodle; Topic/RE themed dance; active lunch times led by Sports Leaders;  
Computing – record and evaluate performances

### Culture of Opportunity

Extra-curricular activities such as cross-country running, archery, table-tennis, yoga and football. Working towards School Games Bronze Award; School Games Day; Intra-school events as part of the Gedling schools Partnership. Bikeability Level 1 and 2; Extra-curricular and lunch time clubs; Representing school as a Sports Leader; Year 3 & 4 swimming. Engaging in national sporting events, such as Schools Games Live via zoom.

### Interventions and Provision for Vulnerable Groups

Physiotherapy programmes  
School Games Sports (Gedling schools) for SEND & SEMH

### Progress and Assessment

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the long-term plan. Progression of personal excellence is equally important.  
Registers are kept to log attendance in extra-curricular clubs and representing school in sporting events.

### Big Ideas

We believe that sporting success relies on the development of key fundamental skills: agility, endurance, balance, coordination and upper and lower body strength.  
Engagement in competitive sports and activities is encouraged to all, to develop character and help embed values.

### Support and Training

Opportunities for shared planning and teaching across school.  
Well-stocked resources to ensure high-quality learning can take place.  
Whole-school display space to celebrate achievements.  
Sessions led by external providers/Sport's Coach.  
Access to sites to aid planning and lesson delivery.  
Gedling Schools Partnership termly meeting with PE Leads.