



## PSHE & Relationships at St Wilfrid's CE Primary School

### Curriculum Rationale

PSHE & Relationships at St Wilfrid's is about equipping all children with a healthy internal dialogue and resilient approach to life through high-quality learning opportunities which link closely to our school values and church-school ethos. Pupils engage in learning experiences which build healthy thinking, covering topics such as safety, relationships with others, emotions, truthfulness and resilience.

### Curriculum Content and Sequencing

St Wilfrid's follows the Coram education 'SCARF' scheme. This is based around six key themes: Keeping Safe, Me and My Relationships, Valuing Difference, Rights and Respect, Being My Best and Growing and Changing. These themes are taught each half term throughout the school, which are tailored to meet the new Relationships curriculum requirements.

### Cross Curricular Links inc. SMSC

English – Drama, speaking and listening and talking about our feelings and emotions.  
Science – Growing and changing  
Computing – Online safety  
School Christian Values, British Values and the Protected Characteristics are linked throughout our PSHE and Relationships lessons.  
SMSC – AREP (Anti Racism Education Programme), DAaRT (Drug, alcohol and resilience training)

### Support and Training

Online SCARF resources, including planning, assessment and glossaries are accessible to all staff.  
SCARF resources are available to share with Parents and Carers.  
Staff training is cascaded in staff meetings.  
The Mental Health Support Team provides staff training, half termly meetings with SMHL, class workshops and supports with mental health referrals.

### Whole school and National Events

**Autumn 1** – Black History Month, The NSPCC Kindness Challenge  
**Autumn 2** – Anti-Bullying Week  
**Spring 1** – Children's Mental Health Week  
**Spring 2** – Careers and Aspirations Week  
**Summer 1** – Life Education (SCARF) workshops  
**Summer 2** – Pride month

### Kindness, Love, Respect, Faith, Resilience and Joy

Our School Christian Values are embedded across our curriculum with specific links to our PSHE and Relationships topics.

### Big Ideas

To educate the heart alongside the mind – equipping our children with foundational principles and skills to improve mental health, relationships and academic achievement.

### Antibullying ambassadors

### Progress and Assessment

Each half term's Scarf unit has a pre and post assessment activity which informs the termly summative assessments. Reflections, learning activities and discussions are recorded in our class floor books.