



St Wilfrid's CE Primary School

## **Sex and Relationship Education Policy**

Approved:	Spring 2025
Next Review:	Spring 2027

## **Introduction**

At St Wilfrid's CE Primary School, we are committed to providing an inclusive and comprehensive Sex and Relationships Education (SRE) programme, grounded in our Christian ethos and underpinned by the SCARF framework (Safety, Caring, Achievement, Resilience, Friendship). This policy reflects guidance from the Department for Education (DfE), Nottinghamshire County Council, and the values of our school community.

## **Aims and Objectives**

Our SRE programme aims to:

- Equip pupils with the knowledge and skills needed to lead safe, healthy, and respectful lives.
- Foster emotional well-being, resilience, and positive self-esteem.
- Promote understanding of healthy relationships, personal safety, and online safety.
- Prepare pupils for the physical and emotional changes of growing up in a sensitive, age-appropriate manner.
- Celebrate diversity and respect for all individuals, regardless of background, culture, or beliefs.

## **Statutory Requirements**

In line with the Children and Social Work Act 2017 and DfE statutory guidance, Relationships Education is mandatory in primary schools. While Sex Education is not required, our Year 6 curriculum includes preparation for puberty and basic reproduction to ensure pupils are well-informed and supported during their transition to secondary education.

## **Curriculum Content and Delivery**

The SCARF framework ensures that SRE is taught progressively across year groups:

Early Years Foundation Stage (EYFS) and Key Stage 1:

Focus on friendships, recognising emotions, basic hygiene, and identifying trusted adults for support.

Key Stage 2:

Build understanding of emotional well-being, physical changes during puberty, and the importance of respect in relationships. In Year 6, lessons address human reproduction and prepare pupils for secondary school.

Our lessons are inclusive, interactive, and designed to meet the diverse needs of our pupils.

## **Safeguarding and Confidentiality**

All SRE lessons are delivered in a safe and supportive environment. Teachers are trained to handle sensitive topics and ensure safeguarding procedures are followed. Pupils are encouraged to share concerns with trusted adults, with confidentiality maintained unless safeguarding requires otherwise.

## **Parental Engagement**

Parents and carers are key partners in SRE. We provide:

- Information about the curriculum, including SCARF resources.
- Opportunities to review teaching materials and discuss any concerns.
- The option to withdraw pupils from non-statutory Sex Education components (following consultation with the Headteacher).

## **Equal Opportunities and Inclusion**

Our SRE programme is accessible to all pupils, including those with additional needs. Lessons are delivered in a way that respects cultural, religious, and family diversity.

## **Monitoring, Evaluation, and Review**

The implementation of this policy will be monitored by the Senior Leadership Team. Feedback from staff, parents, and pupils will inform an annual review. The policy is approved by the Governing Body.

## **Resources and Staff Training**

The SCARF framework provides high-quality, evidence-based materials. Staff receive regular training to ensure they feel confident in delivering SRE and addressing sensitive issues effectively.

## **Dissemination of the Policy**

This policy is accessible on the school website and available in hard copy upon request.