St Wilfrid's CE Primary School Newsletter

Learning and growing together; living life in all its fullness

A Note from Miss Cousin

Welcome back! It has been so lovely to see all of our children and families after the break. We kicked off our first week back with a fantastic Climate Action Day, welcoming Matilda Crane and Becky Laurence into school to work with the children on sustainability. As Nottinghamshire's flagship school for sustainability, we are delighted that they are compiling a case study on everything we do – watch this space! Alongside all our daily learning, we rounded off an action-packed week with a tag rugby event for Year 5. It has been a wonderful start to term as we continue to learn and grow together, living life in all its fullness.

Value Awards



We welcome your nominations for the children to receive any of our Christian Value Awards for living out the value in action: **translating the value into a virtue** (**kindness, love, respect, resilience, faith and joy)** through every day actions**.** Please use our Values Nomination Form, accessible through the QR code or here, to submit your nominations. We will celebrate this once every two weeks on a Friday morning in our Golden Box Worship which you will be invited to attend. *This half term our focus value is 'Love'.*

Feeling Proud



A huge well done to the pupils who shared their out-of-school successes during our Celebration Worship. It was wonderful to hear about all the activities, achievements and hard work their so proud of. Thank you for sharing them with us - we're very proud of you!



Henry achieved his Level 3 swimming award yesterday and will now be in with his brother Bobby – excellent work Henry!





Noah recently took part in the Cubs Cyclocross Event where, alongside some of his 1st Calverton Cubs friends, he took part in cycling races against other local cubs groups. He worked super hard and retained his unbeaten record from last year, winning all his races in the 10 year old category, despite only just turning 10 himself! We are very proud! But not only that, 1st Calverton Cubs won overall for the second year in a row, huge well done to all who took part.



Gracie received her 10m front crawl over the holidays. Excellent work Gracie!

Indie has received her first gymnastics award having only started a few weeks ago – brilliant indie – great achievement.



Olivia has recently passed her grade 2 ballet exam with the British Ballet Organisation. She's become such a beautiful and confident dancer and we are eternally proud of her.





Percy got his 5m badges for both front and back crawl at his swim lessons over the October holiday and then successfully passed his stage 1 swimming. We are so proud of him and his determination. He was so excited to share the news when we got home.

He's also learnt to ride his big bike and can now turn corners and stop himself. He's excited to go out biking with his daddy.



We're very proud of Matilda for completing her Stage 4 swimming level and perfecting her breaststroke over a longer distance. She has also been working extremely hard in her gymnastics squad, mastering new skills and earning awards.

Stay Safe This Bonfire and Firework Night!

As Bonfire Night approaches, we want to ensure all our pupils and families have a fun and safe celebration.

The **Nottinghamshire Fire and Rescue Service** recommends attending an organised public display as the safest way to enjoy fireworks. If you are celebrating at home, remember essential safety rules: keep sparklers away from children under 5, wear gloves, keep pets indoors, and make sure any purchased fireworks carry the official CE safety mark.

Read the full safety advice and bonfire guidance on the official website: *Nottinghamshire Fire & Rescue - Fireworks & Bonfires Safety Guide*

Morning Routine and Drop-Off Reminders

To ensure a smooth, calm and safe start to the school day for all pupils, please take a moment to review our morning drop-off procedures:

Years 3, 4, and 5:

- The school gates **do not open until 8:40 am**. Please ensure children do not arrive before this time.
- Children should walk around to their classrooms **independently**, where classroom doors will be open and ready for them. For site security and safeguarding, **parents and adults must not accompany children around the school building**.

EYFS, Year 1, and Year 2:

- Children should go straight to the **top playground** and **line up** (please remind children not to run around while waiting).
- Class teachers will collect the children from their lines and take them into class at **8:50 am**.

Thank you for your co-operation and support in keeping our school site secure and safe for everyone!



Get Ready for the School Christmas Fair!



Date: Friday 4th December Time: 5:00 pm – 7:00 pm
Mark your calendars! Our annual Christmas Fair is back and it promises to be a fantastic, festive evening for the children and a wonderful chance for families to catch up.

What's in Store:

- Santa's Grotto & Choir Performance
- Fair Games hosted by Years 5 & 6
- Hot Food, Mulled Wine & Refreshments
- Tombolas Galore! (Chocolate & sweets, teddies, bottles, and general tombola)
- Christmas Hamper Raffle & our Big Raffle with fantastic prizes!

Every penny raised goes straight back into our school to provide the extra resources and opportunities that make such a big difference for our children.

How You Can Help: An event like this relies on the generosity of our school community. Over the coming weeks, we will be collecting:

- Donations for the tombolas and hampers
- Raffle prizes
- Volunteers to lend a hand before, during, or after the fair

If you'd like to get involved, please contact the school office or join our PSA WhatsApp Group for real-time updates and volunteer coordination:
https://chat.whatsapp.com/CFDVmVtNHXvEEyttDxm513
Thank you so much for your support - we look forward to seeing you there!

Welcome



We are delighted to welcome back Miss Homan, who will be joining our Foundation Stage team each morning. Please join us in giving her a warm welcome!

Parent Governor Election Update

Following our recent call for parent governor nominations, we are pleased to update you on the outcome. We received one valid nomination for the single parent governor vacancy on our governing body.
As the number of nominations equalled the number of vacancies, Mrs Coyle has been formally elected unopposed to serve as a parent governor for a four-year term of office. We would like to warmly congratulate Mrs Coyle and thank her for stepping forward to take on this important role. Parent governors play a key part in representing the parent voice and guiding the strategic direction of our school and we look forward to working alongside them. Thank you to all parents and carers for your continued support of our school community.

Pudsey is Coming to St Wilfrid's! Let's Get Ready to RAAAAMMMMBLE!

We are excited to share that St Wilfrid's CofE Primary School has been approved to take part in runPudsey 2026 to raise funds for BBC Children in Need!
The main event will take place on 12th November, featuring a special visit from Pudsey himself and BBC Radio Nottingham for our Golden Lap! **Children should arrive in school uniform and bring outdoor shoes. Optional accessories (such as Pudsey ears) can be put on after church when getting ready for the Ramble. Following the church service, classes will set off on their activities: EYFS, Y1, and Y2 will go on a Teddy Bear Hunt around the field, while KS2 will ramble through the Parish Lands. To finish, everyone will join together to**

complete a final 'Golden Lap' around the school field alongside Pudsey and BBC Radio Nottingham!
If a parent/carer would like to join the KS2 Ramble (approx 10:45am), please contact the school office.
How to sign up your child:

1. Visit our school landing page: runpudsey.co.uk/school/st-wilfrids-cofe-primary-school
2. Enter our official School Code: **3B74**
3. Complete registration and make your donation.

Medal Award: Every child registered with a donation will receive an official **runPudsey medal**, which will be sent to school for us to award to them!
Thank you for supporting this fantastic event and helping us raise money for a great cause!

Year 5/6 Christmas Fair Games – Donations Needed!
We are looking for donations of any unwanted small toys or fun little items that could be used as prizes for our Year 5/6 Christmas Fair games! Items such as Happy Meal toys, mini cars, teddy bears, dinosaurs or animal figures, bouncy balls, yo-yos or fidget toys. Donations can be sent into school over the next couple of weeks. Thank you so much for your support! Every little donation will help us make the Christmas Fair games extra fun and give the children some lovely prizes to win!

Christmas Jumper Swap



It's time to dust off those festive knits and give them a new home! Join us for our Christmas Jumper Swap 2026 - the perfect way to refresh your festive wardrobe without spending a penny (or adding to landfill!)

- Send in your pre-loved jumpers by the 9th December and receive a jumper token.
- On 10th December at 3:30pm, trade in your token and pick out something new-to-you!

Let's keep the season stylish, sustainable, and full of holiday cheer.

Careers and Aspirations Week – We Need You!
Do you have an interesting job or career path you'd like to share? Could you inspire our students by running a 45 minute (give or take) workshop? We're inviting parents, carers and friends of the school to come in during **Careers Week (w/c 25th January)** and talk to our children about your job or career journey! We can tailor the session to a year group that best suits your workshop and we'll work with you to find a day and time that fits your schedule. Whether it's hands-on activities, sharing your experiences, or answering questions, your insight could make a huge impact on our students' future aspirations. If you're interested or know someone who might be, please get in touch – we'd love to hear from you! Thank you for supporting our Careers Week!

A Quick Reminder About Phone Calls and S Club!
We know just how hectic life can get when you're balancing work, school runs and everything in between! Just a friendly reminder to please keep an eye on your phone during the day, especially if your child attends Breakfast Club or After School Club. Every now and then, we might need to get hold of you quickly while your child is with us. If your child uses our wrap-around care, pop our mobile number into your phone contacts so you know it's us when we call: S Club Mobile: 07891895308
Please make sure your phone is handy and your contact details are up to date with the main office. Thanks so much for your help!

Severn Trent Assembly – Parent/Carer Survey
Following our recent school assembly delivered by **Severn Trent**, we would love to hear your feedback! Please take a couple of minutes to complete a quick parent/carer survey to help us see if the key messages are being shared at home.
By taking part, you will also be automatically entered into a **quarterly prize draw**!
Please complete the survey here.

Help Us Raise Money for St Wilfrid's Primary - Without Spending a Extra Penny!

We are using easyfundraising to raise extra funds for St Wilfrid's Primary School, Calverton. Whenever you shop online - whether ordering groceries, booking a holiday or buying everyday essentials - retailers will turn part of your spend into a free donation for our school.

How to get involved:

1. Sign up for free at our easyfundraising page.
2. Download the optional browser extension ("Donation Reminder") so you never miss a chance to raise a donation.
3. Shop as normal!

Thank you to all our supporters who have helped us raise funds so far - every contribution makes a difference!

Attendance Matters: Striving for 97%!

Our school aims for a 97% attendance rate - a target set to ensure students are getting the most from their education. While 96% attendance is roughly in line with the national average, anything below that means important learning time is being missed. Over the last two weeks, we will share how we've been doing, but remember, attendance makes a big difference. Let's work together to meet our goal and give every student the best chance to succeed!

Session Attendance Summary (12 Oct 2026 - 30 Oct 2026)

	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	All Years
Attendance	92.26%	98.67%	99.67%	97.33%	94.00%	92.00%	97.24%	95.86%

Our goal is to promote a positive atmosphere for all students. The class certificate rewards are exciting for the children and encourage teamwork. When a class earns five certificates, they enjoy an extra break. You can out the weekly attendance figures by clicking the 'Attendance' tab on the homepage of the school's website.

Follow us on Instagram and Facebook

Please do catch up on all the fun on our **Instagram highlights.**

Pupil Free School Meals and Milk: If you think you may be entitled to Free School Meals, apply online here.

Diary Dates 2026-27	
Wednesday 11th November	Flu Immunisation for pupils
Thursday 12th November	Y4 Church Worship – Remembrance at St Wilfrid's Church 9:45am Children In Need Golden Lap – school uniform – see blurb above F2 Intake Tour 2-3pm
Tuesday 17th November	Y6 Meet and Eat
Wednesday 18th November	F2 Intake Tour 9:30-10:30am
Friday 20th November	Christmas Fair Donations and Non-Uniform Day: Pupils can wear non-uniform in exchange for bringing in donations for the Christmas Fair. Children in Need Official Day. Dressing up is optional, as awareness was previously raised on the 12th and the day is already set as a non-uniform day for Christmas Fair donations.
Saturday 21st November	St Wilfrid's Church Autumn Fair 10am-1pm
Monday 23rd November	Y4 Visit to Newstead Abbey – Victorian Christmas
Tuesday 24th November	F2 Intake Tour 2-3pm
Wednesday 25th November	Enrichment Taster Day – Boccia (PE Kits)
Friday 4th December	Christmas Fair 5-7pm
Monday 7th December	Christingle Service – church walkers needed

Tuesday 8th December	Foundation (F2) Nativity 2:30pm
Thursday 10th December	Christmas Jumper Swap 3:30-4pm in the Hall
Thursday 10th December Friday 11th December	KS1 Nativity 2:30pm
Tuesday 15th December	KS2 Carol Concert at St Wilfrid's Church 2pm and 6pm
	Foundation (F2) and KS1 Christmas Party
Wednesday 16th December	Christmas Jumper Day Christmas Dinner Day
Thursday 17th December	KS2 Christmas Party
Friday 18th December	Last Day
Monday 4th January	Inset Day
Week Comm 5th January	Off By Heart Poetry Heats (in classes)
Tuesday 5th January	Children return to school Young Voices (Choir) - Birmingham
Friday 8th January	F2 and KS1 Nottingham Playhouse Cinderella @ St Wilfrid's School
Monday 18th January	Off By Heart Poetry Finals 9-11am(ish)
Thursday 21st January	Enrichment Taster Day – Curling (PE Kits)
Friday 22nd January	Y5 Reading Café
Week Comm. 25th January	Careers Week
Wednesday 3rd February	Y4 Meet and Eat
Friday 5th February	Y3 Reading Café
Thursday 11th February	Y6 Church Worship at St Wilfrid's Church 9:45am
Friday 12th February	Last Day
Monday 22nd February	Children return to school
Thursday 4th March	World Book Day Breakfast with Books
Tuesday 9th March	Y2 Meet and Eat
Friday 12th March	Y4 Reading Café
Thursday 18th February	Book Fair Arrives
Friday 19th March	Enrichment Taster Day – Nerf Games (PE Kits)
Week Comm 22nd March	Parents' / Carers' Consultation Evening
Thursday 25th March	Y5 Church Worship –Easter at St Wilfrid's Church 9:45am Last Day Book Fair Collected
Friday 26th March	Bank Holiday
Monday 12th April	Children return to school
Monday 26th April	Y1 Meet and Eat
Friday 30th April	Y2 Reading Café
Monday 3rd May	Bank Holiday
Wednesday 5th May – Friday 7th May	Y4 Hagg Farm Residential
Week Comm 10th May	Y6 SATs Week
Thursday 13th May	Enrichment Taster Day – Tchoukball (PE Kits)
Friday 14th May	F2 Reading Café
Monday 17th May	Y3 Partake – Ancient Egyptians
Wednesday 19th May	Y3 Meet and Eat
Wednesday 26th May	Y1 Multi-Sports Family of Schools Event @ Woodborough Woods PE Kits

Thursday 27th May	Y3 Church Worship at St Wilfrid's Church 9:45am
Friday 28th May	Last Day
Monday 7th June	Children return to school
Friday 11th June	Y1 Reading Café
Monday 14th – Thursday 17th June	Y6 Bikeability
Monday 14th June	Y4 Partake - Mayans
Thursday 17th June	F2 Meet and Eat
Thursday 24th June	F2 Multi-Sports Family of Schools Event @ Lowdham PE Kits
Monday 28th June	Enrichment Taster Day – Lacrosse (PE Kits)
Tuesday 29th June	Y6 and KS2 Summer Production Dress Rehearsal 2pm
Wednesday 30th June	Y6 and KS2 Summer Production - 2pm and 6pm
Thursday 1st July	Y1 Church Worship at St Wilfrid's Church 9:45am
Monday 5th July	KS2 Sports Day
Wednesday 7th July	F2 and KS1 Sports Day CFS Transition Day
Thursday 8th July	CFS Transition Day In-school Class Transition Day CFS Parent Meeting 6:30-8pm
Week Comm 19th-22nd July	Y6 Residential to Hathersage
Friday 23rd July	Y6 Leavers' Service at 2pm Last Day
Monday 26th July Tuesday 27th July Wednesday 28th July	Inset Day

Calverton Leisure Centre

Health & Wellbeing Open Day



For ONE DAY ONLY:

- Membership offers
- Prizes to be won
- Open access to gym, swim and classes
- Advice and support from our health partners
- Get to know your body with a Health MOT
- Swim lesson assessments
- Bouncy castle fun sessions
- Stage 1 & 2 swim crash courses
- Children's face painting



Saturday 14th November 2026
9am-5pm

Full timetable

Calverton Leisure Centre,
Flatts Lane, Calverton,
Nottingham, NG14 6JZ

FREE!

5 Autumn EDITION

Healthy Family Team Newsletter



NHS
Nottinghamshire Healthcare
NHS Foundation Trust



We just wanted to say a big hello and remind you about the services on offer locally to support families.

Parentline

Nottinghamshire

Text 07520 619919

This is a text messaging service delivered by the Healthy Family Team for parents and carers.
Monday to Friday,
from 9am to 4.30pm

IT'S OKAY to ASK for HELP

Advice Line

Nottinghamshire

Telephone
0300 123 5436

This is for parents, carers and practitioners who want to speak to the Healthy Family Team for advice or support.
Monday to Friday,
from 9am to 4.30pm

Nottingham City Contact

This is for parents, carers and practitioners who want to speak to the Children's Health Advice Hub for advice or support.
Call: 0300 300 0040

Derbyshire Contact

This is for parents, carers and practitioners who want to speak to the Family Health Service for advice or support.
Call: 01246 515100

Doncaster Contact

This is for parents, carers and practitioners who want to speak to the Doncaster Health Visiting and School Health Team for advice or support.
Call: 03000 218 997

Making a Difference
Trust Honesty Respect Compassion Teamwork

Healthy Family Team

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Healthy Family Team

Your Notts Directory

The Healthy Family Team may be able to contribute to EHCP requests and annual reviews when actively working with your child/young person or where they have been involved within the last 12 months.

SUPPORT

Your Notts Directory
is the local offer for Nottingham and Nottinghamshire.
Visit: www.yournottsdirectory.org.uk

SCAN ME

PARENT & CARER GROUP

Do you want to make a difference to Children and Young People's Health Services?
Why not join our Parent and Carer Involvement Group?
We meet online, once a month.
You do not have to attend every meeting, just the ones you can.

JOIN US

MORE INFO

Visit: www.nottinghamshirehealthcare.nhs.uk/iev-involvement-partner-opportunities

WOW!

Health for Kids!

This website offers a fun, engaging and interactive way for children to learn about health. It links parents/carers and children to appropriate health and wellbeing services.

www.healthforkids.co.uk

Speech and Language

Do you have any questions or concerns about your child's talking or communication?
The Speech and Language Team are happy to help, please call their advice line on:

0300 123 3387
OPTION 1

LOCAL HELP

Find your local library:
Visit: www.nottinghamshire.gov.uk/culture-leisure/libraries

Find your local Family Hub:
Call: 0300 500 80 80
Visit: www.nottinghamshire.gov.uk/care/family-hub-networks

Hello autumn

BEST START

The early years of a child's life, from early pregnancy to age 5, is when their brain develops the most and they grow the quickest. Having the right start makes a big difference to a child's future.
The Nottinghamshire Best Start offer tells you about services and support available during this time. The offer is aimed at the whole family, whether you're a mum, dad, grandparent, or carer.
Visit: www.yournottsdirectory.org.uk/best-start-for-life/nottinghamshire-best-start-offer

Making a Difference
Trust Honesty Respect Compassion Teamwork

Was this resource useful? All feedback is appreciated.
Please contact The Health Promotion Team:
Call: 0115 8760136 Email: HealthPromotionTeam@nottshc.nhs.uk

'AFTER SCHOOL RESTRAINT COLLAPSE'

After-school restraint collapse isn't misbehaviour — it's release.
When we see it as the body's way of finding balance after a long day of holding it together, we can respond with empathy, not punishment.

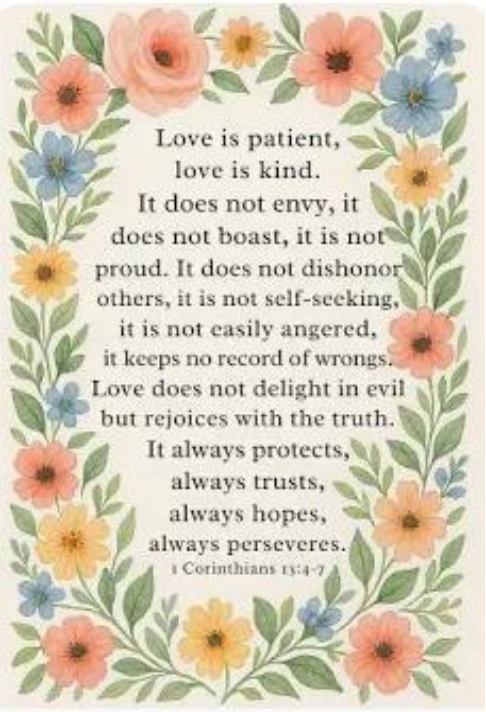
SCHOOL DAY:
The child works hard to follow rules, stay focused, and manage big feelings internally. Small stressors build layer by layer.

SIGNS YOU MIGHT NOTICE:
- Emotional outbursts or meltdowns after school
- Refusing to talk about the day
- Overeating or comfort-seeking
- Irritability or defiance toward parents
- Needing solitude, screens, or sensory soothing
- Tears without clear cause

JOURNEY HOME:
Signs of fatigue appear — quiet withdrawal, irritability, or zoning out. The nervous system starts to let go of control.

ARRIVAL HOME:
A small request ("take off your shoes" or "Get your homework done") can trigger tears, shouting, or shutdown. The release isn't about the request — it's the day's emotional backlog.

RECOVERY:
After the storm, they may crave comfort, food, movement, or silence. Connection — not correction — helps them return to regulation.


Love is patient,
love is kind.
It does not envy, it
does not boast, it is not
proud. It does not dishonor
others, it is not self-seeking,
it is not easily angered,
it keeps no record of wrongs.
Love does not delight in evil
but rejoices with the truth.
It always protects,
always trusts,
always hopes,
always perseveres.
1 Corinthians 13:4-7


HAPPY
FRIDAY