



Being my Best



Year 5

Vocabulary:

Perseverance: The continued effort to do or achieve something, even when it is difficult or takes a long time.

Media-influence: When the media (including social media) has an effect on the character development or behaviour of someone or something.

Kindness: Being friendly, generous and considering the feelings of others.

Celebrities: Someone who is famous, especially in the entertainment business.

Independence: The state of wanting or being able to do things for yourself and make your own decisions, without help or influence from other people.

Patience: The ability to wait, or to continue doing something despite difficulties, without complaining or becoming annoyed.

Resilience: Trying again and continuing to persevere when we find something difficult.

Consideration: The act of thinking about something carefully.

Confidence: Feeling good about ourselves or something we are doing.

Personal qualities: The characteristics, attributes or personality traits that make up and reflect who you are. Examples include honesty, dependability or having a good sense of humour.



Key questions

To help our thinking skills and focus on key knowledge in this unit.

Growing Independence and Taking Responsibility

- How does someone become more independent as they grow older?
- What responsibilities do teenagers have?
- Does having more independence mean having more responsibility? Why?

Media Awareness and Safety

- Are media images of celebrities true?
- How can media images of celebrities make someone feel? What non-physical qualities make people attractive? Why?



I can

- I can give an example of when I have had increased independence and how that has also helped me to show responsibility.
- I can name several qualities that make people attractive that are nothing to do with how they look, but about how they behave.



The Protected Characteristics